

**DofE**  
**Enrichment**  
**Woodland**  
**Subject**  
**Overview**

## ROUTE 1 – ENRICHMENT / DUKE OF EDINBURGH/WOODLAND SCHOOL

	AUTUMN HALF TERM 1	AUTUMN HALF TERM 2	SPRING HALF TERM 1	SPRING HALF TERM 2	SUMMER HALF TERM 1	SUMMER HALF TERM 2
<b>Year 7</b>	<p><b>Woodland School</b></p> <p><i>Knots – Basic and Overhand</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>
<b>Year 8</b>	<p><b>Woodland School</b></p> <p><i>Knots – Basic and Overhand</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry</i></p>

<b>Year 9</b>	<b>Woodland School</b>  <i>Knots – Basic Overhand, Figure of eight and Reef</i>  <b>Skills</b>  <i>Discover and explore a range of skills (6-8week period)</i>	<b>Woodland School</b>  <i>Soft structures with manufactures and natural materials</i>  <b>Skills</b>  <i>Discover and explore a range of skills (6-8week period)</i>	<b>Woodland School</b>  <i>Woodland Arts</i>  <b>Volunteering</b>  <i>Volunteering project within the local community (12-week period)</i>	<b>Woodland School</b>  <i>Fire Lighting Wood collection and storage Fire maintenance</i>  <b>Volunteering</b>  <i>Volunteering project within the local community (12-week period)</i>	<b>Woodland School</b>  <i>Health and safety Using tools</i>  <b>Expedition Preparation</b>  <i>Explore basic navigational skills Environmental and wildlife awareness</i>	<b>Woodland School</b>  <i>Hand tools Manufacturing</i>  <b>Expedition Preparation</b>  <i>Expedition Equipment, Pitching a tent, outdoor cooking, Outdoor survival Basic first aid Physical activity</i>
	<b>Year 10</b>	<b>Woodland School</b>  <i>Knots – Basic Overhand, Figure of eight and Reef</i>  <b>Skills</b>  <i>Explore and discover a skills (12-week period)</i>	<b>Woodland School</b>  <i>Soft structures with manufactures and natural materials</i>  <b>Skills</b>  <i>Explore and discover a skills (12-week period)</i>	<b>Woodland School</b>  <i>Woodland Arts</i>  <b>Volunteering</b>  <i>Volunteering project within the local community (12-week period)</i>	<b>Woodland School</b>  <i>Fire Lighting Wood collection and storage Fire maintenance</i>  <b>Volunteering</b>  <i>Volunteering project within the local community (12-week period)</i>	<b>Woodland School</b>  <i>Health and safety Using tools</i>  <b>Expedition Preparation</b>  <i>Navigational skills using a key and symbols. Environmental, weather and wildlife awareness.</i>

<b>Year 11</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>
	<i>Knots – Basic Overhand, Figure of eight and Reef</i>	<i>Soft structures with natural materials</i>	<i>Woodland Arts</i>	<i>Fire Lighting Wood collection and storage Fire maintenance</i>	<i>Health and safety Using tools</i>	<i>Hand tools Manufacturing</i>
	<b>Skills</b>	<b>Skills</b>	<b>Volunteering</b>	<b>Volunteering</b>	<b>Expedition Preparation</b>	<b>Expedition/ Expedition Preparation</b>
	<i>Explore and discover a skills (12-week period)</i>	<i>Explore and discover a skills (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Navigational skills using a key and symbols. Environmental, weather and wildlife awareness.</i>	<i>Organising and planning Packing Expedition Equipment Pitching a tent Outdoor cooking Overnight camp (optional) Supervised walk-2-days</i>

## Curriculum Overview

- Route 1 Pupils undertake tasks to DISCOVER, EXPLORE and EXPERIENCE knowledge and understanding through themes and opportunities within the context of the topics.

## Focus Areas Year 7, Year 8, Year 9, Year 10 and Year 11

### VOLUNTEERING FOCI

- Fundraising/collections:
- Animal Sanctuaries
- Homeless Shelters
- Charitable organisations
- Annual publicized charitable campaigns - Red Nose Day, Children in need etc
- Environmental care
- Litter Picking
- Becoming more environmentally friendly.
- Reducing our carbon footprint.
- Community care
- Researching what is in your community and how you are able to as a class support.
- Supporting the elderly/hospitals/care homes/refuges - Sending letters /cards / making gifts
- Raising Awareness of issues pupils face in education:
- Cyber Safety
- Personal Safety
- Road Safety
- Positive Mental Health
- Annual awareness campaigns - Anti-bullying, well being etc

### SKILLS FOCI

- Speech and Drama
- Improvising melodies
- Plant growing
- Cards
- Chess
- Darts
- Dominoes
- First aid
- Hair and beauty
- Video making
- Textiles
- Drawing
- Painting
- Clay
- Yoga
- Making a product
- Map reading / drawing / Geographical enquiry (Geography NC link)
- Using a compass
- Sports Actives-Boccia, Rounders, archery
- Board Games
- Shoe laces / apron

### PHYSICAL FOCI

- Exploring healthy lifestyles
- Keeping active

- Walks
- Healthy diet choices
- Keeping active and healthy in the local area

**EXPEDITION FOCI**

- Health and safety
- First aid
- Pitching a tent
- Cooking a meal on a stove
- Navigation
- Environmental awareness

**WOODLAND FOCI**

- Knots
- Shelter building
- Woodland Art
- Fire lighting
- Conservation
- Hand tools
- Health and safety

**Skills and Knowledge Progression Year 7 & Year 8****KNOWLEDGE**

- Exploring a woodland
- Developing a variety of skills
- Develop interests through creative activities
- Explore a healthy lifestyle
- Exploring tools used in the woodland.

**SKILLS**

- Tutor led selected skill for example: Art / First Aid / Hair and beauty / Making a product.
- Shelter Building
- The fire triangle - Simple fire lighting techniques.

**Skills, Knowledge Progression and Destinations Year 9, Year 10 and Year 11****KNOWLEDGE**

- Woodland School/Outdoor learning
- Developing individual skills of interest
- Volunteering in the community
- Healthy lifestyle
- Physical Fitness.
- Expedition preparation

**SKILLS**

- Tutor led selected skill -Art / First Aid / Hair and beauty / Making a product.
- Simple Knots
- Shelter Building
- Putting up a tent with support.
- Assisted cooking a simple meal outdoors.
- The Fire triangle -Simple fire lighting techniques.
- Using woodland tools to make a product with support.

**DESTINATION**

- Certificate of completion volunteering section.
- Certificate of completion Skill section.
- Certificate of completion Physical section.
- Certificate of completion expedition section.
- Duke of Edinburgh Award - Bronze

## ROUTE 2 – ENRICHMENT / DUKE OF EDINBURGH /WOODLAND SCHOOL

	AUTUMN HALF TERM 1	AUTUMN HALF TERM 2	SPRING HALF TERM 1	SPRING HALF TERM 2	SUMMER HALF TERM 1	SUMMER HALF TERM 2
<b>Year 7</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic and overhand</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>
<b>Year 8</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic, overhand, figure of eight and reef</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>



<b>Year 9</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic overhand, figure of eight, reef, clove hitch, lashings</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (6-8week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactures and natural materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (6-8week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (6 or 12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting Wood collection and storage Fire maintenance</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (6 or 12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Health and safety Using tools</i></p> <p><b>Expedition Preparation</b></p> <p><i>Enhance navigational skills- keys and symbols. Environmental and wildlife awareness</i></p>	<p><b>Woodland School</b></p> <p><i>Hand tools Manufacturing</i></p> <p><b>Expedition Preparation</b></p> <p><i>Expedition Equipment, Pitching a tent, outdoor cooking, Outdoor survival Basic first aid Physical activity</i></p>
<b>Year 10</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic overhand, figure of eight, reef, clove hitch, lashings</i></p> <p><b>Skills</b></p> <p><i>Explore and discover a skills (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactures and natural materials</i></p> <p><b>Skills</b></p> <p><i>Explore and discover a skills (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting Wood collection and storage Fire maintenance</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Health and safety Using tools</i></p> <p><b>Expedition Preparation</b></p> <p><i>Develop navigational skills using a compass, keys and basic co-ordinates Environmental, Weather and wildlife awareness Countryside code</i></p>	<p><b>Woodland School</b></p> <p><i>Hand tools Manufacturing</i></p> <p><b>Expedition Preparation</b></p> <p><i>Select and pack equipment Pitching a tent Outdoor cooking Outdoor survival First aid Physical activity</i></p>

<b>Year 11</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>
	<i>Knots – Basic Overhand, Figure of eight and Reef</i>	<i>Soft structures with natural materials</i>	<i>Woodland Arts</i>	<i>Fire Lighting Wood collection and storage Fire maintenance</i>	<i>Health and safety Using tools</i>	<i>Hand tools Manufacturing</i>
	<b>Skills</b>	<b>Skills</b>	<b>Volunteering</b>	<b>Volunteering</b>	<b>Expedition Preparation</b>	<b>Expedition/ Expedition Preparation</b>
	<i>Explore and discover a skills (12-week period)</i>	<i>Explore and discover a skills (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Deepen navigational skills using a compass, key &amp; basic co-ordinates. Environmental, weather and wildlife awareness.</i>	<i>Organising and planning Packing Expedition Equipment Pitching a tent Outdoor cooking Overnight camp (optional) Supervised walk-2-days</i>

## Curriculum Overview

- Route 2 Pupils undertake tasks to ENHANCE, DEVELOP and DEEPEN knowledge and understanding through themes and opportunities within the context of the topics.

## Focus Areas Year 7, Year 8, Year 9, Year 10 and Year 11

### VOLUNTEERING FOCI

- Fundraising/collections:
- Animal Sanctuaries
- Homeless Shelters
- Charitable organisations
- Annual publicized charitable campaigns - Red Nose Day, Children in need etc
- Environmental care
- Litter Picking
- Becoming more environmentally friendly.
- Reducing our carbon footprint.
- Community care
- Researching what is in your community and how you are able to as a class support.
- Supporting the elderly/hospitals/care homes/refuges - Sending letters /cards / making gifts
- Raising Awareness of issues pupils face in education:
- Cyber Safety
- Personal Safety
- Road Safety
- Positive Mental Health
- Annual awareness campaigns - Anti-bullying, well-being etc

### SKILLS FOCI

- Speech and Drama
- Improvising melodies
- Plant growing
- Cards
- Chess
- Darts
- Dominoes
- First aid
- Hair and beauty
- Video making
- Textiles
- Drawing
- Painting
- Clay
- Yoga
- Making a product
- Map reading / drawing / Geographical enquiry (Geography NC link)
- Using a compass
- Sports Actives-Boccia, Rounders, archery
- Board Games
- Shoelaces / apron

### PHYSICAL FOCI

- Exploring healthy lifestyles
- Keeping active

- Walks
- Healthy diet choices
- Keeping active and healthy in the local area

**EXPEDITION FOCI**

- Health and safety
- First aid
- Pitching a tent
- Cooking a meal on a stove
- Navigation
- Environmental awareness

**WOODLAND FOCI**

- Knots
- Shelter building
- Woodland Art
- Fire lighting
- Conservation
- Hand tools
- Health and safety

**Skills and Knowledge Progression Year 7 & Year 8****KNOWLEDGE**

- Exploring a woodland
- Developing a variety of skills
- Develop interests through creative activities
- Explore a healthy lifestyle
- Exploring tools used in the woodland.

**SKILLS**

- Tutor led selected skill for example: Art / First Aid / Hair and beauty / Making a product.
- Shelter Building
- The fire triangle - Simple fire lighting techniques.

**Skills, Knowledge Progression and Destinations Year 9, Year 10 and Year 11****KNOWLEDGE**

- Woodland School/Outdoor learning
- Developing individual skills of interest
- Volunteering in the community
- Healthy lifestyle
- Physical Fitness.
- Expedition preparation

**SKILLS**

- Tutor led selected skill
- Simple Knots
- Shelter Building
- Putting up a tent with support.
- Assisted cooking a simple meal outdoors.
- The Fire triangle -Simple fire lighting techniques.
- Using woodland tools to make a product with support.

**DESTINATION**

- Certificate of completion volunteering section.
- Certificate of completion Skill section.
- Certificate of completion Physical section.
- Certificate of completion expedition section.
- Duke of Edinburgh Award - Bronze

## ROUTE 3 – ENRICHMENT / DUKE OF EDINBURGH/WOODLAND SCHOOL

	AUTUMN HALF TERM 1	AUTUMN HALF TERM 2	SPRING HALF TERM 1	SPRING HALF TERM 2	SUMMER HALF TERM 1	SUMMER HALF TERM 2
<b>Year 7</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic and overhand</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>
<b>Year 8</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic, overhand, figure of eight and reef</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactured materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (4-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Environmental and community care</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting and Wood Collection</i></p> <p><b>Physical</b></p> <p><i>Healthy lifestyle Keeping active Healthy eating plans Walks Exploring exercise</i></p>	<p><b>Woodland School</b></p> <p><i>Bug Hotels and Hunts</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>	<p><b>Woodland School</b></p> <p><i>Slack Line Shelter Building Fire Lighting Rope Work</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills Map skills, creativity, enquiry.</i></p>

<b>Year 9</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic overhand, figure of eight, reef, clove hitch, lashings</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (6-8week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactures and natural materials</i></p> <p><b>Skills</b></p> <p><i>Discover and explore a range of skills (6-8week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (6 or 12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting Wood collection and storage Fire maintenance</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (6 or 12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Health and safety Using tools</i></p> <p><b>Expedition Preparation</b></p> <p><i>Enhance navigational skills- keys and symbols. Environmental and wildlife awareness</i></p>	<p><b>Woodland School</b></p> <p><i>Hand tools Manufacturing</i></p> <p><b>Expedition Preparation</b></p> <p><i>Expedition Equipment, Pitching a tent, outdoor cooking, Outdoor survival Basic first aid Physical activity</i></p>
<b>Year 10</b>	<p><b>Woodland School</b></p> <p><i>Knots – basic overhand, figure of eight, reef, clove hitch, lashings</i></p> <p><b>Skills</b></p> <p><i>Explore and discover a skills (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Soft structures with manufactures and natural materials</i></p> <p><b>Skills</b></p> <p><i>Explore and discover a skills (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Woodland Arts</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Fire Lighting Wood collection and storage Fire maintenance</i></p> <p><b>Volunteering</b></p> <p><i>Volunteering project within the local community (12-week period)</i></p>	<p><b>Woodland School</b></p> <p><i>Health and safety Using tools</i></p> <p><b>Expedition Preparation</b></p> <p><i>Develop navigational skills using a compass, keys and basic co-ordinates Environmental, Weather and wildlife awareness Countryside code</i></p>	<p><b>Woodland School</b></p> <p><i>Hand tools Manufacturing</i></p> <p><b>Expedition Preparation</b></p> <p><i>Select and pack equipment Pitching a tent Outdoor cooking Outdoor survival First aid Physical activity</i></p>

<b>Year 11</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>	<b>Woodland School</b>
	<i>Knots – Basic Overhand, Figure of eight and Reef</i>	<i>Soft structures with natural materials</i>	<i>Woodland Arts</i>	<i>Fire Lighting Wood collection and storage Fire maintenance</i>	<i>Health and safety Using tools</i>	<i>Hand tools Manufacturing</i>
	<b>Skills</b>	<b>Skills</b>	<b>Volunteering</b>	<b>Volunteering</b>	<b>Expedition Preparation</b>	<b>Expedition/ Expedition Preparation</b>
	<i>Explore and discover a skills (12-week period)</i>	<i>Explore and discover a skills (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Volunteering project within the local community (12-week period)</i>	<i>Deepen navigational skills using a compass, key &amp; basic co-ordinates. Environmental, weather and wildlife awareness.</i>	<i>Organising and planning Packing Expedition Equipment Pitching a tent Outdoor cooking Overnight camp (optional) Supervised walk-2-days</i>



## Curriculum Overview

- Route 3 Pupils undertake tasks to EMBED, DEMONSTRATE and APPLY knowledge and understanding through themes and opportunities within the context of the topics.

## Focus Areas Year 7, Year 8, Year 9, Year 10 and Year 11

### VOLUNTEERING FOCI

- Fundraising/collections:
- Animal Sanctuaries
- Homeless Shelters
- Charitable organisations
- Annual publicized charitable campaigns - Red Nose Day, Children in need etc
- Environmental care
- Litter Picking
- Becoming more environmentally friendly.
- Reducing our carbon footprint.
- Community care
- Researching what is in your community and how you are able to as a class support.
- Supporting the elderly/hospitals/care homes/refuges - Sending letters /cards / making gifts
- Raising Awareness of issues pupils face in education:
- Cyber Safety
- Personal Safety
- Road Safety
- Positive Mental Health
- Annual awareness campaigns - Anti-bullying, well-being etc

### SKILLS FOCI

- Speech and Drama
- Improvising melodies
- Plant growing
- Cards
- Chess
- Darts
- Dominoes
- First aid
- Hair and beauty
- Video making
- Textiles
- Drawing
- Painting
- Clay
- Yoga
- Making a product
- Map reading / drawing / Geographical enquiry (Geography NC link)
- Using a compass
- Sports Actives-Boccia, Rounders, archery
- Board Games
- Shoelaces / apron

### PHYSICAL FOCI

- Exploring healthy lifestyles
- Keeping active

- Walks
- Healthy diet choices
- Keeping active and healthy in the local area

**EXPEDITION FOCI**

- Health and safety
- First aid
- Pitching a tent
- Cooking a meal on a stove
- Navigation
- Environmental awareness

**WOODLAND FOCI**

- Knots
- Shelter building
- Woodland Art
- Fire lighting
- Conservation
- Hand tools
- Health and safety

**Skills and Knowledge Progression Year 7 & Year 8****KNOWLEDGE**

- Exploring a woodland
- Developing a variety of skills
- Develop interests through creative activities
- Explore a healthy lifestyle
- Exploring tools used in the woodland.

**SKILLS**

- Tutor led selected skill for example: Art / First Aid / Hair and beauty / Making a product.
- Shelter Building
- The fire triangle - Simple fire lighting techniques.

**Skills, Knowledge Progression and Destinations Year 9, Year 10 and Year 11****KNOWLEDGE**

- Woodland School/Outdoor learning
- Developing individual skills of interest
- Volunteering in the community
- Healthy lifestyle
- Physical Fitness.
- Expedition preparation

**SKILLS**

- Tutor led selected skill
- Simple Knots
- Shelter Building
- Putting up a tent with support.
- Assisted cooking a simple meal outdoors.
- The Fire triangle -Simple fire lighting techniques.
- Using woodland tools to make a product with support.

## DESTINATION

- Certificate of completion volunteering section.
- Certificate of completion Skill section.
- Certificate of completion Physical section.
- Certificate of completion expedition section.
- Duke of Edinburgh Award - Bronze

### **What is Woodland School?**

Woodland School is an innovative educational approach that focuses on outdoor learning in natural settings, such as woodlands, forests, or other natural environments. The program encourages children to engage in activities that support their physical, emotional, social, and cognitive development. Through regular and prolonged exposure to the natural world, children develop a deep connection to nature and a range of life skills, including problem-solving, resilience, and creativity.

### **Why Woodland School?**

At Sutton, we believe in providing a well-rounded education that goes beyond the confines of traditional classrooms. Woodland School offers several unique benefits for your child:

**Holistic Development:** Through outdoor exploration and play, your child will develop physical fitness, creativity, and emotional well-being.

**Environmental Awareness:** Woodland School instils a lifelong appreciation for nature and a sense of responsibility for the environment, fostering a generation of environmental stewards.

**Critical Thinking:** Nature-based activities encourage problem-solving and decision-making skills in a real-world context.

**Resilience:** Facing challenges and taking calculated risks in a safe environment helps build self-confidence and resilience.

### **Program Details:**

The Woodland School program will take place once every 4-6 weeks. Class teachers will notify you when your child's session is.

Each session will be led by qualified Forest School practitioners who are experienced in outdoor education, child development, and safety.

Your child will have the opportunity to engage in a variety of activities, including shelter building, rope work, woodland art, conservation woodland projects, basic fire lighting, team building activities and simple cooking.

Woodland School runs in all weather (if safe to do so) and children will be expected to take part in all sessions.

### **Safety and Supervision:**

The safety of your child is our utmost priority. Our practitioner is trained to ensure a safe and secure learning environment. We can provide your child with appropriate footwear if need (pupils are

welcome to bring their own wellies). If your child has their own waterproof coat, please also bring this to lessons. As the seasons change, your child may need additional layers of clothing.

**Next Steps:**

You will receive a parent mail from your child's class teacher to inform you when their next Woodland School lesson takes place. If you have any questions regarding Woodland School, please contact Mr Edney Evans ([cedneyevans@sutton.dudley.sch.uk](mailto:cedneyevans@sutton.dudley.sch.uk))