

- Advice on drugs and alcohol
- Care plans for health conditions
- Advice and support on stopping smoking
- Mental health and emotional wellbeing
- Unintentional or deliberate injuries
- Advice and support on maintaining a healthy lifestyle
- Bullying including online / social media
- Sexual health advice
- Offering a one to one confidential drop-in service for pupils who may need advice or support surrounding any issues that the young person may have concerns about
- Signpost students with additional needs to access relevant services



Safeguarding

School Nurses take an active part in representing health in accordance with Dudley Safeguarding Board supporting vulnerable children, young people & their families as well as working in partnership with Social Care and other professionals concerning issues of child protection.

Confidentiality

All our staff are required to abide by a strict code of conduct on confidentiality. They will only share information with those who need to know in order to provide good quality care.

Students can see the School Nurse confidentially. This means the School Nurse will not tell anyone else what is discussed, unless they believe the student or someone else is at risk of serious harm.



Contacting your School Nurse

School Nurses are available between:
9.00am – 5.00pm

Monday – Friday throughout the year, including school holidays.

Every school has a named School Nurse. Please speak to the school reception for details of your School Nurse.

Alternatively you can contact the Dudley School Nursing Admin Team on: **Tel: 01384 408990**



Every Child Deserves a School Nurse

Dudley Integrated Health and Care NHS Trust

www.dihc.nhs.uk

Brierley Hill Health & Social Care Centre,
Venture Way, Brierley Hill, DY5 1RU



Information for Parents
Carers and Teachers



About this leaflet

This leaflet provides information about the Dudley School Nursing Team and explains:

- Who we are
- What we can do and how we can help
- How you can contact us

Who are the School Nursing Team?

Children and young people in schools have access to a School Nurse who offers a confidential service. The School Nursing Team is made up of:

- Registered Nurses / Registered Children's Nurse
- School Nurse Support Workers
- Specialist Community Public Health Nurses
- Administrators

They are based within Dudley schools and have a head office within the Dudley Borough.

What do School Nurses do?



The School Nurses encourage and support young people in actively participating in their own health care needs as a basis for a healthy lifestyle.

They play a key role for promoting the good health of school aged children from school entry age until 19 years of age in all educational establishments.

School Nurses work together with young people, their families and teachers. They are there to support families and encourage children and young people to achieve the best from their time at school.

They join other health professionals to plan and provide health education as well as providing the

link between health and education services and are happy to give advice on any health concerns young people may have.

Service description



The aim of school nursing is to promote public health to children, young people and their families, to support schools and pupil referral units in order to identify and respond to the health needs of their population. They also work with partners and stakeholders to achieve the best outcome for all children and young people in Dudley.

The School Nurse Team do this by:

- Providing training sessions for school staff to manage medical conditions in school
- Facilitating healthcare planning for children with medical needs
- Referring to other agencies as and when required

Your School Nurse can help with:

General health and development ♦ growth ♦ diet ♦ weight (underweight & overweight) ♦ hearing ♦ speech ♦ vision ♦ infectious diseases ♦ special needs ♦ behavioural problems ♦ bullying (including online and social media) ♦ sleep problems ♦ accident prevention ♦ puberty ♦ sexual health ♦ childhood illnesses (e.g. Asthma, Epilepsy, allergies).



Immunisations



- School Nurses are happy to give advice on immunisations but are no longer commissioned to provide the service
- **School Nurses recommend in accordance with Public Health that every young person is kept fully immunised**



Primary School

- Providing a health review including screening of pupils on school entry, this includes height and weight
- Screening of children in year 6 for height and weight as part of the National Child Measurement Programme
- Providing support and advice to children, young people and their families around emotional health, healthy lifestyle, visual and oral health, sleep and behaviour, illnesses and toileting

Secondary School



We give confidential help and advice on a range of health issues including: