

Your Physiotherapist is:

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Contact the service

The service is available Monday to Friday between 8.00 and 17.00, 16:00 on Fridays (excluding bank holidays). Outside of these hours please contact your GP / Walk in Centre / NHS 111 or in the event of an emergency call 999.

We are based at:

**The Sunflower Centre
John Corbett Drive
Stourbridge
DY8 4HZ
Telephone: 01384 361243**

(An answer phone facility is available, please do not leave urgent messages on the answer phone).

Fax: 01384 361012

Email for general enquiries: paediatric.physiotherapy@bcpft.nhs.uk

**Email for confidential information:
sam-ctr.paediatricphysiotherapy@nhs.net**



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www.bcpft.nhs.uk

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Dudley Community Paediatric Physiotherapy Service

Information Leaflet



Who are we?

We are a team of skilled, specialist Paediatric Physiotherapists and Physiotherapy Assistants who professionally, are based at Sunflower Centre and Children's Assessment Unit, Russell's Hall Hospital.

Our aim

To provide quality care and advice to the children and their families referred to our service.

What does the service provide?

Following referral we offer therapy for children with global developmental delay, cerebral palsy, neurological/neuromuscular disorders, paediatric orthopaedic problems, gait anomalies etc.

Your child will be assessed by a named therapist who will plan their treatment need and provide this wherever it is most appropriate – therapy department, home, nurseries or schools.

In addition to physiotherapy, referral will be made by your physiotherapist to hydrotherapy, developmental groups etc. whenever it becomes appropriate.

The role of the Physiotherapist is to:

- ❖ Provide physiotherapy and monitor progress
- ❖ Teach you how to handle your child in order for you to carry out physiotherapy at home
- ❖ Provide reports for the referring agent i.e. Consultant, GP's
- ❖ Provide advice to parents, carers etc.
- ❖ Liaise with other members of the multidisciplinary/ multiagency team, including occupational therapists, speech and language therapists, pre-school teachers etc.
- ❖ Providing joint therapy sessions with the above whenever appropriate
- ❖ Provision of orthotics when appropriate
- ❖ Assessment and provision of specialist equipment
- ❖ Attend Consultant Clinics when appropriate
- ❖ Provide advice for EHCP's under the Education Act 2000
- ❖ Keep accurate records to facilitate the monitoring of your child's progress

Parents' role

In order for you and your child to gain and attain from our input:

- ❖ It is most important that you follow the advice and practice the skills demonstrated to you by your physiotherapist.
NB For physiotherapy to be effective it is essential for your child's home programme be carried out by yourself at home
- ❖ Contact us if you cannot attend for treatment by contacting the office or your physiotherapist directly
- ❖ If your physiotherapist visits you at home, please be in as arranged
- ❖ If you fail two consecutive appointments without informing us, you will be discharged from the service and your Consultant/GP informed
- ❖ Please let us know if you are not happy with the service or have a problem. We are unable to act if we are not informed

