Curriculum Offer



Curriculum Offer

SUBJECT: Living Skills	**YEAR:** 7, 8, 9, 10 & 11	**PATHWAY:** 1
SKILLS AND KNOWLEDGE PROGRESSION		
KNOWLEDGE	**SKILLS**	**SPIRAL**
• Knows basic hygiene routines (washing hands, brushing teeth). • Recognises when they are dirty or uncomfortable. • Identifies basic body changes during puberty. • Knows hygiene helps keep them healthy. • Knows basic safety rules at home and in the community. • Recognises unsafe situations. • Knows who to ask for help in an emergency. • Understands simple rules for sun and water safety. • Recognises money and its purpose. • Knows money is used to buy goods and services. • Makes simple choices with money. • Recognises basic household tasks. • Participates in tasks with support. • Understands simple routines (cleaning, tidying) • Identifies different family types. • Recognises caring behaviours. • Knows basic rules about kindness and respect. • Knows basic sun and water safety rules. • Recognises safe and unsafe travel behaviours.	• Follows a simple hygiene routine with prompts. • Uses basic hygiene items correctly (soap, toothbrush). • Indicates when support is needed. • Practices basic self-care with adult guidance • Follows basic safety rules when reminded. • Identifies trusted adults. • Uses emergency numbers with support. • Avoids obvious hazards. • Handles money appropriately. • Makes simple purchases with support. • Recognises coins and notes. • Understands exchange of money for goods. • Completes simple household tasks with guidance. • Uses equipment safely with supervision. • Follows visual or verbal instructions. • Maintains personal spaces. • Demonstrates kindness and cooperation. • Recognises personal boundaries. • Communicates basic needs and feelings. • Accepts guidance in social situations. • Follows basic safety instructions. • Uses protective equipment when reminded. • Stays with a group or trusted adult. • Recognises warning signs.	• Knows and follows simple hygiene routines (handwashing, brushing teeth) and uses hygiene items correctly with prompts. • Recognises when they are dirty or uncomfortable and indicates when support is needed. • Identifies basic body changes during puberty and understands that hygiene helps keep them healthy. • Practices basic self-care with adult guidance. • Knows basic safety rules at home and in the community, follows safety instructions when reminded, and identifies trusted adults. • Recognises unsafe situations, avoids obvious hazards, and uses emergency numbers with support. • Understands simple rules for sun and water safety, recognises safe and unsafe travel behaviours, and uses protective equipment when reminded. • Stays with a group or trusted adult when needed. • Recognises money and its purpose, handles money appropriately, and makes simple purchases with support. • Recognises coins and notes, understands exchange of money for goods, and makes simple choices with money. • Recognises basic household tasks, participates with support, completes tasks with guidance, and uses equipment safely.

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		• Understands and follows simple routines (cleaning, tidying), maintains personal spaces, and follows visual or verbal instructions. • Identifies different family types, recognises caring behaviours, and knows basic rules about kindness and respect. • Demonstrates kindness, cooperation, and recognises personal boundaries. • Communicates basic needs and feelings, accepts guidance in social situations, and applies social skills appropriately. • Combines hygiene, safety, money, home, and social skills in practical situations, recognises warning signs, and manages safety with less support.

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YEAR/CYCLE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 7	Personal Hygiene Basics	Relationships and Families	Managing Money (Awareness and Early Skills)	Household Management (Introduction and Supported Participation)	Keeping Safe (Awareness and Support)	Sun and water safety, our traveling environment (Awareness & Basic Rules)
Year 8	Hygiene Routines and Puberty Changes	Relationships and Caring for Others	Managing Money (Developing Understanding)	Household Management (Developing Skills and Confidence)	Safety at Home and in the Community	Sun and water safety, our traveling environment (Understanding and Application)
Year 9	Hygiene, Health and Consequences	Commitment, Choice and Parenting	Managing Money (Increasing Independence)	Household Management (Increasing Independence)	Emergencies and Getting Help	Sun and water safety, our traveling environment (Increasing Independence & Body Awareness
Year 10	Independence, Body Image and Self-Care	Preparing for Adulthoods and Parenthood	Managing Money (Functional and Adult Skills)	Household Management (Functional and Adult Skills)	Managing Risk and Personal Safety	Sun and water safety, our traveling environment (Real-Life Application)
Year 11	Preparing for Adult Life and Wellbeing	Long-term relationships and Parenthood.	Managing Money (Independence and Real-World Readiness)	Household Management (Independence and Real-World Application)	Independent Safety and Life Skills	Sun and water safety, our traveling environment (Independence & Preparedness)

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CURRICULUM OVERVIEW

Pupils undertake tasks to *DISCOVER, EXPLORE* and *EXPERIENCE* knowledge and understanding through themes and opportunities within the context of the topics.

The Life Skills curriculum equips pupils with the knowledge, understanding, skills, and strategies needed to live healthy, safe, productive, and balanced lives. It supports personal development by helping pupils to build confidence and self-esteem through meaningful and practical experiences.

Learning is guided by the school's core aim of preparing pupils, as far as possible, for independent life. Through carefully planned activities, pupils access a wide range of supported opportunities and experiences that enable them to progress through school and into post-16 education with confidence, aspiration, and recognition of their achievements.

Pupils are supported to:

- Develop confidence and self-belief
- Gain knowledge of personal hygiene and self-care to promote independence where possible
- Prepare basic meals and beverages
- Experience and/or take part in cleaning and cooking tasks
- Build resilience, problem-solving, teamwork, and communication skills

CROSS CURRICULAR LINKS

Spoken English, Spoken Language, Reading – Comprehension, Writing – Transcription, Writing – Composition, Writing – Vocabulary, Grammar, Punctuation (VGP), Listening and responding to instructions, Using functional literacy in daily life such as signs, forms, and menus, Understanding and writing personal information such as letters, notes, and reminders, Speaking confidently in small groups or 1:1 contexts, Recognising and sequencing information from texts.

Number – Place Value, Addition and Subtraction, Multiplication and Division (basic), Money – recognising coins and notes and calculating simple transactions, Measuring – length, weight, and volume in everyday contexts, Time – reading clocks, understanding schedules, and planning routines, Shapes and Space – recognising 2D and 3D shapes in the environment, Data Handling – reading simple charts or timetables.

Work Scientifically, Experimental Skills and Investigations, Observing and recording changes in the environment or materials, Identifying basic properties of everyday materials such as solids, liquids, and gases, Understanding the human body and personal health, Exploring nutrition, exercise, and wellbeing, Recognising hazards and safe behaviours in daily life.

Privacy and Security, Managing Online Information, Recognising safe and unsafe online behaviours, Understanding personal information and passwords, Identifying reliable online content, Reporting concerns or inappropriate content, Using

DESTINATIONS

- Working towards independent living skills.
- Being able to make a healthy meal with minimal support safely
- Looking after oneself and personal safety

PERSONAL DEVELOPMENT OPPORTUNITIES

- Develop confidence, self-esteem, and self-belief through practical, real-life tasks
- Build independence and personal responsibility through self-care, personal hygiene, and daily living activities
- Gain resilience and problem-solving skills by facing and overcoming everyday challenges
- Enhance teamwork, communication, and social interaction through collaborative activities
- Develop organisational skills, planning, and time management in home care and personal tasks
- Promote healthy lifestyles and wellbeing through cooking, nutrition, and self-care practices
- Learn to make safe choices and stay safe in a range of contexts, including home and social environments
- Recognise and celebrate achievements to build aspiration and motivation for post-16 pathways

Curriculum Offer

The curriculum focuses on developing key life skills through the following areas: • Personal Hygiene • Keeping Safe • Managing Money • Relationships and Families • Sun, Water and Traveling • Household Management	simple communication tools safely such as email and messaging. Personal wellbeing – understanding feelings and emotions, Self-care and hygiene routines, Healthy relationships – recognising friends, family, and supportive adults, Safety awareness – home, community, and travel, Money management – basic budgeting and making purchases, Communication – expressing needs and opinions, Emotional regulation – coping strategies for frustration or stress, Aspirations and achievements – recognising successes and setting simple goals.	

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SUBJECT: Living Skills	**YEAR:** 7,8, 9, 10 & 11	**PATHWAY:** 2
SKILLS AND KNOWLEDGE PROGRESSION		
KNOWLEDGE	**SKILLS**	**SPIRAL**
• Understands why regular hygiene routines are important. • Describes changes during puberty and how to manage them. • Knows poor hygiene can lead to illness or social difficulties. • Begins to take responsibility for personal hygiene. • Explains how to reduce risk in different environments. • Knows how to seek help appropriately. • Understands basic emergency responses. • Applies sun, water, and travel safety rules with support. • Understands budgeting and saving. • Identifies needs vs wants. • Manages small amounts of money with guidance. • Explains why household tasks are important. • Completes tasks with increasing independence. • Uses basic equipment safely. • Understands roles within families and relationships. • Recognises healthy vs unhealthy relationships. • Shows empathy and care for others. • Explains why safety rules exist. • Applies safety knowledge in familiar environments. • Prepares appropriately for travel.	• Completes hygiene routines with minimal support. • Manages puberty-related hygiene needs appropriately. • Chooses appropriate hygiene products. • Maintains routines across different settings. • Demonstrates safe behaviour in familiar environments. • Uses emergency services appropriately. • Applies sun, water, and travel safety strategies. • Seeks help when feeling unsafe. • Creates a simple budget. • Saves money toward a goal. • Tracks spending with guidance. • Makes informed purchasing decisions. • Completes tasks independently with occasional reminders. • Uses household tools safely. • Follows routines and schedules. • Takes responsibility for shared spaces. • Builds and maintains friendships. • Shows empathy and emotional awareness. • Resolves simple conflicts appropriately. • Identifies healthy relationship behaviours. • Prepares appropriately for outings and travel. • Applies safety rules independently in familiar settings. • Responds to changing conditions safely. • Plans basic journeys with support. • Manages daily responsibilities with increasing independence.	• Understands why regular hygiene routines are important and completes hygiene routines with minimal support. • Describes changes during puberty and manages hygiene needs appropriately, choosing suitable hygiene products. • Knows poor hygiene can lead to illness or social difficulties and maintains routines across different settings. • Begins to take responsibility for personal hygiene and daily self-care. • Explains how to reduce risk in different environments and demonstrates safe behaviour in familiar settings. • Knows how to seek help appropriately and uses emergency services when needed. • Understands basic emergency responses and applies sun, water, and travel safety strategies with support. • Applies safety knowledge in familiar environments and seeks help when feeling unsafe. • Understands budgeting and saving, creates a simple budget, saves toward a goal, and tracks spending with guidance. • Identifies needs versus wants and makes informed purchasing decisions. • Manages small amounts of money with guidance and begins to make choices with awareness of consequences.

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	• Uses coping strategies for wellbeing. • Makes choices with awareness of consequences. • Accesses support services appropriately.	• Explains why household tasks are important and completes tasks independently with occasional reminders. • Uses basic equipment safely, follows routines and schedules, and takes responsibility for shared spaces. • Understands roles within families and relationships, builds and maintains friendships, and shows empathy and emotional awareness. • Recognises healthy versus unhealthy relationships, identifies healthy relationship behaviours, and resolves simple conflicts appropriately. • Explains why safety rules exist and applies them independently in familiar settings. • Prepares appropriately for outings and travel, responds safely to changing conditions, and plans basic journeys with support. • Manages daily responsibilities with increasing independence, uses coping strategies for wellbeing, and accesses support services appropriately.

Curriculum Offer

YEAR/CYCLE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 7	Personal Hygiene Basics	Relationships and Families	Managing Money (Awareness and Early Skills)	Household Management (Introduction and Supported Participation)	Keeping Safe (Awareness and Support)	Sun and water safety, our traveling environment (Awareness & Basic Rules)
Year 8	Hygiene Routines and Puberty Changes	Relationships and Caring for Others	Managing Money (Developing Understanding)	Household Management (Developing Skills and Confidence)	Safety at Home and in the Community	Sun and water safety, our traveling environment (Understanding and Application)
Year 9	Hygiene, Health and Consequences	Commitment, Choice and Parenting	Managing Money (Increasing Independence)	Household Management (Increasing Independence)	Emergencies and Getting Help	Sun and water safety, our traveling environment (Increasing Independence & Body Awareness)
Year 10	Independence, Bosy Image and Self-Care	Preparing for Adulthoods and Parenthood	Managing Money (Functional and Adult Skills)	Household Management (Functional and Adult Skills)	Managing Risk and Personal Safety	Sun and water safety, our traveling environment (Real-Life Application)
Year 11	Preparing for Adult Life and Wellbeing	Long-term relationships and Parenthood	Managing Money (Independence and Real-World Readiness)	Household Management (Independence and Real-World Application)	Independent Safety and Life Skills	Sun and water safety, our traveling environment (Independence & Preparedness)

Curriculum Offer

CURRICULUM OVERVIEW

Pathway 2 Pupils undertake tasks to *ENHANCE, DEVELOP* and *DEEPEN* knowledge and understanding through themes and opportunities within the context of the topics.

The Life Skills curriculum equips pupils with the knowledge, understanding, skills, and strategies needed to live healthy, safe, productive, and balanced lives. It supports personal development by enabling pupils to build confidence and self-esteem through increasingly independent and meaningful learning experiences.

Learning is guided by the school's underlying aim of preparing pupils, as far as possible, for independent life. Through a wide range of structured opportunities, pupils are supported to apply their learning and progress through school and into post-16 education with confidence, aspiration, and recognition of their achievements.

Pupils are supported to:

- Further develop confidence and self-belief
- Build secure knowledge of personal hygiene and self-care to support independence where possible
- Prepare basic meals and beverages with increasing independence
- Take part in cleaning and cooking tasks, developing responsibility and routine
- Strengthen resilience, problem-solving, teamwork, and communication skills

CROSS CURRICULAR LINKS

Spoken English, Spoken Language, Reading – Comprehension, Writing – Transcription, Writing – Composition, Writing – Vocabulary, Grammar, Punctuation (VGP), Listening and responding to instructions and questions in group discussions, Using functional literacy in everyday contexts such as letters, forms, timetables, and instructions, Understanding and writing personal information with increasing independence, Speaking clearly in group discussions and short presentations, Summarising and interpreting information from texts.

Number – Place Value and Decimals, Addition, Subtraction, Multiplication, and Division in practical contexts, Money – budgeting, calculating change, understanding bills and simple financial transactions, Measuring – length, weight, volume, and temperature in practical scenarios, Time – reading timetables, planning routines, and estimating durations, Shapes and Space – recognising and using 2D and 3D shapes in everyday life, Data Handling – interpreting charts, graphs, and simple statistics.

Work Scientifically, Experimental Skills and Investigations with guidance, Planning and conducting simple experiments, Observing, recording, and explaining results, Identifying variables and understanding fair tests, Exploring nutrition, exercise, and health choices, Understanding hazards and applying safe behaviours in daily life.

DESTINATIONS

- Developing independent living skills, including planning and completing daily routines.
- Preparing a variety of healthy meals with increasing independence and minimal adult guidance.
- Maintaining personal hygiene, health, and safety with growing awareness of risks.
- Managing basic household tasks safely and efficiently.
- Recognising and responding to common hazards in the home and community.

PERSONAL DEVELOPMENT OPPORTUNITIES

- Apply confidence, self-esteem, and self-belief in increasingly independent tasks and decision-making
- Take responsibility for self-care, personal hygiene, and daily routines with minimal support
- Develop resilience by solving more complex problems and reflecting on outcomes
- Communicate effectively and collaborate in structured group tasks, demonstrating empathy and negotiation skills
- Plan, organise, and manage personal tasks and home routines with growing autonomy
- Make informed decisions about nutrition, health, and wellbeing, including balancing diet, exercise, and sleep
- Recognise risks in different environments and apply strategies to stay safe

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The curriculum focuses on developing key life skills through the following areas: • Personal Hygiene • Keeping Safe • Managing Money • Relationships and Families • Sun, Water and Traveling • Household Management	Privacy and Security, Managing Online Information, Recognising safe and unsafe online behaviours, Using passwords and protecting personal information, Evaluating reliability of online content, Reporting concerns appropriately, Using communication tools safely for learning and social purposes. Personal wellbeing – recognising and managing emotions, Self-care and hygiene routines independently, Healthy relationships – recognising supportive relationships, communication and respect, Safety awareness – identifying and managing risks at home, school, and community, Money management – budgeting and making independent purchases, Communication – expressing opinions and negotiating needs, Emotional regulation – strategies for stress and problem-solving, Aspirations and achievements – reflecting on progress and setting realistic goals.	• Set goals, monitor progress, and reflect on achievements to develop aspiration and preparation for post-16 pathways

Curriculum Offer

SUBJECT: Life Skills	**YEAR:** 7, 8, 9, 10 & 11	**PATHWAY:** 3
SKILLS AND KNOWLEDGE PROGRESSION		
KNOWLEDGE	**SKILLS**	**SPIRAL**
• Understands the long-term health consequences of hygiene choices. • Independently manages hygiene routines linked to lifestyle and health. • Reflects on body image, self-care, and emotional wellbeing. • Makes informed decisions about health and self-care. • Assesses risks and makes safe decisions independently. • Responds appropriately in emergencies. • Plans ahead to stay safe in unfamiliar environments. • Demonstrates body awareness and personal responsibility for safety. • Plans and manages a personal budget. • Understands banking, bills, and financial commitments. • Makes informed financial decisions. • Demonstrates real-world financial independence. • Manages household responsibilities independently. • Plans meals, cleaning, and routines. • Applies skills in real-life adult settings. • Understands shared responsibility in a household. • Understands commitment, choice, and responsibility. • Explores parenting roles and long-term relationships.	• Independently manages daily and long-term hygiene routines. • Adapts self-care routines to lifestyle and health needs. • Monitors personal wellbeing and seeks support when needed. • Demonstrates positive body image and self-respect. • Assesses risk and takes preventative action. • Responds calmly and appropriately in emergencies. • Plans routes and safety strategies independently. • Advocates for personal safety and boundaries. • Manages income and expenses independently. • Uses banking services confidently. • Plans for bills and financial commitments. • Evaluates financial risks and consequences. • Plans and organises household routines. • Prepares meals independently. • Maintains a clean and safe living environment. • Shares responsibility fairly within a household. • Maintains long-term, healthy relationships. • Communicates assertively and respectfully. • Makes informed choices about intimacy and commitment. • Demonstrates caregiving and parenting awareness. • Plans and completes journeys independently. • Anticipates and manages environmental risks. • Uses safety equipment appropriately without prompts.	• Understands the long-term health consequences of hygiene choices and independently manages daily and long-term hygiene routines. • Reflects on body image, self-care, and emotional wellbeing, adapting self-care routines to lifestyle and health needs. • Monitors personal wellbeing, demonstrates positive body image, self-respect, and seeks support when needed. • Makes informed decisions about health and self-care. • Assesses risks and makes safe decisions independently, responds calmly and appropriately in emergencies, and plans ahead to stay safe in unfamiliar environments. • Demonstrates body awareness, personal responsibility for safety, advocates for personal safety and boundaries, and applies safety skills independently in real-world contexts. • Plans and manages a personal budget, understands banking, bills, and financial commitments, manages income and expenses independently, and evaluates financial risks and consequences. • Makes informed financial decisions, demonstrates real-world financial independence, and uses banking services confidently. • Manages household responsibilities independently, plans meals, cleaning, and routines, prepares meals independently,

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• Makes informed decisions about relationships. • Demonstrates emotional maturity and respect for others. • Applies safety skills independently in real-world contexts. • Plans for travel risks and emergencies. • Demonstrates preparedness and responsibility.	• Responds confidently in unfamiliar environments. • Manages independent living skills confidently. • Maintains physical and emotional wellbeing. • Sets personal goals and plans for the future. • Demonstrates readiness for adult life responsibilities.	maintains a clean and safe living environment, and shares responsibility fairly within a household. • Applies skills in real-life adult settings, understands shared household responsibilities, and plans and organises routines effectively. • Explores commitment, choice, and responsibility in relationships, maintains long-term healthy relationships, communicates assertively and respectfully, and makes informed choices about intimacy and commitment. • Demonstrates emotional maturity, caregiving and parenting awareness, and respects others' needs and boundaries. • Plans for travel risks and emergencies, plans and completes journeys independently, anticipates and manages environmental risks, uses safety equipment appropriately without prompts, and responds confidently in unfamiliar environments. • Manages independent living skills confidently, maintains physical and emotional wellbeing, sets personal goals, plans for the future, and demonstrates readiness for adult life responsibilities.

Curriculum Offer

YEAR/CYCLE	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 7	Personal Hygiene Basics	Relationships and Families	Managing Money (Awareness and Early Skills)	Household Management (Introduction and Supported Participation)	Keeping Safe (Awareness and Support)	Sun and water safety, our traveling environment (Awareness & Basic Rules)
Year 8	Hygiene Routines and Puberty Changes	Relationships and Caring for Others	Managing Money (Developing Understanding)	Household Management (Developing Skills and Confidence)	Safety at Home and in the Community	Sun and water safety, our traveling environment (Understanding and Application)
Year 9	Hygiene, Health and Consequences	Commitment, Choice and Parenting	Managing Money (Increasing Independence)	Household Management (Increasing Independence)	Emergencies and Getting Help	Sun and water safety, our traveling environment (Increasing Independence & Body Awareness)
Year 10	Independence, Bosy Image and Self-Care	Preparing for Adulthoods and Parenthood	Managing Money (Functional and Adult Skills)	Household Management (Functional and Adult Skills)	Managing Risk and Personal Safety	Sun and water safety, our traveling environment (Real-Life Application)
Year 11	Preparing for Adult Life and Wellbeing	Long-term relationships and Parenthood	Managing Money (Independence and Real-World Readiness)	Household Management (Independence and Real-World Application)	Independent Safety and Life Skills	Sun and water safety, our traveling environment (Independence & Preparedness)

Curriculum Offer

CURRICULUM OVERVIEW	CROSS CURRICULAR LINKS	DESTINATIONS
Pathway 3 Pupils undertake tasks to *EMBED, DEMONSTRATE* and *APPLY* knowledge and understanding through themes and opportunities within the context of the topics. The Life Skills curriculum equips pupils with the knowledge, understanding, skills, and strategies required to live healthy, safe, productive, and balanced lives. It promotes personal development by supporting pupils to build confidence and self-esteem through increasingly independent and real-life learning experiences. Learning is guided by the school's underlying aim to prepare pupils, as far as possible, for independent life. Pupils are provided with a wide range of challenging and purposeful opportunities that enable them to progress through school and into post-16 education with confidence, aspiration, and recognition of their achievements. Pupils are supported to: • Demonstrate confidence, self-belief, and independence • Apply knowledge of personal hygiene and self-care to support independent living where possible • Prepare basic meals and beverages with confidence • Take responsibility for cleaning and cooking tasks	Spoken English, Spoken Language, Reading – Comprehension, Writing – Transcription, Writing – Composition, Writing – Vocabulary, Grammar, Punctuation (VGP), Confidently participating in discussions and debates, Analysing and evaluating texts, Inferring meaning and summarising complex information, Writing independently for a purpose, Adapting style and tone for different audiences, Planning, drafting, and editing extended pieces, Using functional literacy confidently in real-world contexts. Number – Place Value, Decimals, Fractions, Percentages, Addition, Subtraction, Multiplication, Division, Applying number skills in real-life situations, Money – budgeting, financial planning, banking, paying bills, and evaluating financial risks, Measuring – using scale, conversion, and estimation, Time – planning complex routines and travel schedules, Shapes and Space – applying geometry in practical problem-solving, Data Handling – interpreting and presenting data independently to make decisions. Work Scientifically, Planning and conducting independent investigations, Identifying variables, ensuring fair tests, Analysing and evaluating results, Applying scientific understanding to real-life problems, Exploring nutrition, exercise, health, and lifestyle choices, Managing risks and safety independently in experiments and practical tasks. Privacy and Security, Managing Online Information, Applying advanced strategies for digital safety and personal information, Evaluating online content critically, Identifying misinformation, Reporting	• Confidently managing independent living skills, including organisation, budgeting, and problem-solving. • Planning, preparing, and cooking healthy meals independently, considering nutrition, safety, and efficiency. • Practicing advanced self-care routines, including hygiene, emotional wellbeing, and personal safety. • Managing complex household responsibilities independently, including cleaning, laundry, and routine maintenance. • Identifying, assessing, and managing personal, home, and community risks. • Making informed choices for independent living, including planning, prioritisation, and seeking support when necessary. **PERSONAL DEVELOPMENT OPPORTUNITIES** • Demonstrate sustained confidence and self-belief in independent living, learning, and social situations • Fully manage personal care, hygiene, and daily routines independently, including anticipating needs • Apply resilience and problem-solving strategies to novel or challenging situations • Lead collaborative projects and social interactions, showing advanced communication, empathy, and conflict resolution skills

Curriculum Offer

• Develop resilience, problem-solving, teamwork, and communication skills in real-life contexts The curriculum focuses on developing key life skills through the following areas: • Personal Hygiene • Keeping Safe • Managing Money • Relationships and Families • Sun, Water and Traveling • Household Management	concerns responsibly, Using technology independently for research, communication, and problem-solving. Personal wellbeing – recognising complex emotions, Managing emotional and physical wellbeing proactively, Healthy relationships – building and maintaining positive relationships, Respecting boundaries, Understanding consent and commitment, Safety awareness – independently recognising, planning for, and managing risks at home, travel, and community, Money management – planning budgets, prioritising spending, managing financial risks, Communication – articulating opinions, negotiating, and resolving conflicts, Emotional regulation – advanced strategies for coping, problem-solving, and decision-making, Aspirations and achievements – reflecting on progress, setting long-term goals, preparing for adulthood and independence.	• Organise, prioritise, and plan complex personal and household tasks, including managing time and resources efficiently • Make proactive, informed lifestyle choices to promote long-term health, wellbeing, and emotional regulation • Assess risks independently, make safe decisions, and respond effectively to emergencies • Evaluate personal progress, celebrate achievements, and set long-term goals for adulthood, independence, and post-16 ambitions